

## In and out - a dramatic activity

### On your marks:

Here's a simple, multipurpose drama game to help introduce or explore your theme. It's all-inclusive, encourages the use of imagination and is fun.

### Get set:

You don't need anything except a list of your theme words.

### Go!

Players stand in a circle facing outwards. The leader says a word, counts 1 2 3, and on 3, all jump to face inwards, making a statue of that word. For example, if you say 'Book 1 2 3!' people might jump round and be a statue holding a book, or reading a book, or lying on their back with their arms and legs up, actually *being* a book. Encourage them (especially if it's a young group) to do their own thing and to be pleased if their statue is different from everyone else's.

Examples of words to explore themes:

- Theme of growing: tree, seed, banana, water, sun, tiny, huge
- Theme of Christmas: shepherd, angel, cowshed, baby, mum, donkey
- Theme of bread: sandwich, loaf, crust, eating, breaking, sharing, crumb

---

Downloaded from Barnabas in Churches - resourcing work among children and families - [www.barnabasinchurches.org.uk](http://www.barnabasinchurches.org.uk)

Visit our website for ideas, books and resources, news and information about our work and ministry. All that we do is only made possible through generosity of those who support us. Find out more about supporting us - [www.barnabasinchurches.org.uk/support-and-donate/](http://www.barnabasinchurches.org.uk/support-and-donate/)

© BRF 2012 | Visit [www.barnabasinchurches.org.uk/terms/](http://www.barnabasinchurches.org.uk/terms/) for copyright.